

TAKE PATIENT CARE TO THE NEXT LEVEL

FAKTR-PM

Functional and Kinetic Treatment with Rehab, Provocation and Motion

Thomas E. Hyde, DC, DACBSP & Ralph Mangels, DC, DABCN

**Making a POSITIVE
Difference**

**Sat March 13th
10am – 7:00pm
Sun March 14th
8am – 1pm**

13.5 CEU's

To register: email
Kristin at

kkasabucki@ctchiro.com

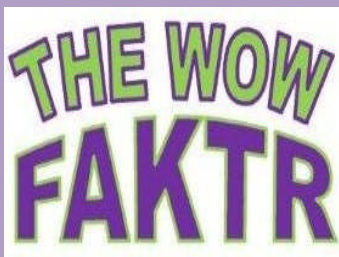
or call 860-257-0404

*“Unbelievably effective
treatment that saves your
hands from wear and tear!”*

This course will be held at
Enfield Health & Wellness
Center

143 Hazard Avenue
Enfield, CT 06082
860-763-2225 (Tel)

www.enfieldhealth.com



Registration fee- \$450.00

Early bird fee \$395.00 if
paid by January 29, 2010

College Faculty & students
\$300 early bird rate
\$395 after 1/29/10

This program takes your soft tissue treatment to the next level. The new, innovative technique is now being taught to all those interested in utilizing instrument assisted soft tissue mobilization or enhancing their current mode of instrument or manual technique. FAKTR-PM is a novel and highly effective approach.

FAKTR-PM teaches one how to place patients into positions during treatment that increase the tensioning of the myofascial system across areas of dysfunction. This positioning greatly accelerates the ability to address the problem and symptom area to quickly and significantly improve the patient...Very quick & effective on athletes and the general patient population!

There are many forms of treatment than can be utilized with FAKTR-PM.

These include but are not limited to:

•Instrument Assisted Soft Tissue Treatment •Cross Friction Massage •Myofascial Release Technique (MFR) •Assisted Mobilization •Nimmo •PIR •Various Active and Passive Stretching Techniques •PNF

This course will discuss the origin of FAKTR-PM and why one would chose to treat patients utilizing this protocol. Portions of Anatomy Trains by Thomas Meyers, Tensegrity, articles in the Spine by Barker, et al and other related literature will also be presented. Once we lay the groundwork for FAKTR-PM, we undertake 6 different areas of the body and go through them systematically including:

- Instructions on functional examinations and assessments
- Treatment with all components of FAKTR-PM
- Plenty of hands on treatment
- Theory and application of Kinesiotape
- Introduction to the use of Butler's Nerve Flossing with soft tissue techniques.

BEST OF ALL we teach you how to use whatever tools/instruments you may already own from Gua Sha to Graston Technique ®. The areas covered include the shoulder, elbow, ankle, knee, cervical and lumbar spines. The course is 13 1/2 hours with a significant portion of hands on.

*“Frankly the best course....The knowledge is applicable the next day in the clinic.
This course will change the way you look at exercise and the role of therapy....”*

Course Objective:

Our objective is to demonstrate how quickly someone can pick up this form of treatment and make a significant change in a vast majority of patients treated with FAKTR-PM. Regardless of technique practiced, those in attendance will learn how to incorporate FAKTR-PM into their treatment protocols on Monday morning. This is a simple, yet very effective means of treating soft tissue/fascial pain problems.

Course Outline:

We discuss the origin of FAKTR-PM and why we have chosen to treat patients utilizing this protocol. We also discuss portions of Anatomy Trains by Thomas Meyers, Tensegrity, articles in the Spine by Barker, et al and other related literature. Once we lay the groundwork for FAKTR-PM, we then undertake 6 different areas of the body and go through them systematically including how to accurately assess each area discussed with functional examinations, treatment with all components of FAKTR-PM and then pair the audience and allow them to utilize a hands-on treatment with us supervising. We bring equipment to class for those attending to utilize.

The areas covered include the shoulder, elbow, ankle, knee, cervical and lumbar spines. The course is 13 1/2 hours with a significant portion of hands on.

Saturday, March 13, 2010 10:00 a.m. – 7:00 p.m.
Sunday, March 14, 2010 8:00 a.m. – 1:00 p.m.

Coming for a Distance – Where to Stay?

Several Hotels are located near the location of the two day program. Low Rates

- Red Roof Inn** – 5 Hazard Avenue – Enfield, CT 06082 – Tel: 860-741-2571
- Crowne Plaza Hotel** - 1 Bright Meadow Blvd. Enfield, CT 06082 Tel: 860.741.2211
- Hampton Inn** – 20 Phoenix Avenue – Enfield, CT 06082 Tel: 860-741-3111

Registration Fees:

	<u>By Jan 29</u>	<u>AFTER Jan 29</u>
Professional License (DC, PT, ATC...)	\$ 395	\$ 450
Faculty & Students	\$ 300	\$ 350

** Call the CCA office to clarify*



The Connecticut Chiropractic Association is recognized by the Board of Certification, Inc to offer continuing education for certified athletic trainers for 12 CEU's.

FAKTR-PM Program (13.5 CEU's)

Saturday, March 13th (10a.m. – 7 p.m.) & Sunday, March 14th (8 a.m. – 1 p.m.), 2010

Enfield Health & Wellness Center
143 Hazard Avenue ~ Enfield, CT 06082
860-763-2225 (Tel) ~ www.enfieldhealth.com

REGISTRATION FORM

Three Easy Ways to register!

1. Call the CCA Office at (860) 257-0404 or (800) 966-2225
2. Fax this form to the CCA Office, with credit card information complete to (860) 257-0406.
3. Mail this completed form with your check or credit card information to the CCA –
2257 Silas Deane Hwy – Rocky Hill, CT 06067

CCA MEMBER YES NO Association (what other than CCA) _____

By Jan 29

AFTER Jan 29

<input type="checkbox"/> Professional Registration	\$ 395	\$ 450
<input type="checkbox"/> Students	\$ 300	\$ 395

NAME _____ Title (DC, PT, etc) : _____

E-MAIL _____ (notice for any class changes will be by email)

ADDRESS _____ City _____ State _____ Zip _____

PHONE _____ FAX _____

AMOUNT DUE: _____ CHECK ENCLOSED (make check payable to CCA)

CREDIT CARD VISA MC AMX DIS

Exp Date _____ 3 or 4 digit security code (on back of card) _____

Billing Address _____

Zip Code of card billing address _____